

## Assertive Community Treatment (ACT)

Serving: Somerset, Worcester, Wicomico, Dorchester, Talbot, Caroline Counties

### Checklist for Individuals who meet basic criteria for ACT

ACT is designed for adults with severe mental illness who are most at-risk of psychiatric crisis and hospitalization and involvement in the criminal justice system. ACT is a multidisciplinary team approach with assertive outreach in the community and are available to the consumer on a 24/7 basis.

### Admission Criteria:

Criteria from categories 1-3 are necessary for admission:

- 1. The consumer has a PMHS specialty mental health diagnosis included in the Priority Population List, which is the cause of significant psychological, personal care, and social impairment. Please include all that apply:**

<input type="checkbox"/> F20.9	Schizophrenia	<input type="checkbox"/> F31.13	BP1 Disorder, MRE Manic, Severe
<input type="checkbox"/> F20.81	Schizophreniform Disorder	<input type="checkbox"/> F31.2	BP1 Disorder, MRE Manic, w/Psychotic Features
<input type="checkbox"/> F25.0	Schizoaffective Disorder, BP Type	<input type="checkbox"/> F31.4	BP1 Disorder, MRE Depressed, Severe
<input type="checkbox"/> F25.1	Schizoaffective Disorder, Depressed	<input type="checkbox"/> F31.5	BP I Disorder, MRE Depressed, w/ Psychotic
<input type="checkbox"/> F28	Other Specified Schizophrenia Spectrum	<input type="checkbox"/> F31.0	BP 1 Disorder, MRE Hypomanic
<input type="checkbox"/> F29	Unspecified Schizophrenia Spectrum	<input type="checkbox"/> F31.9	BP 1 Disorder Unspecified
<input type="checkbox"/> F22	Delusional Disorder	<input type="checkbox"/> F31.81	BP II Disorder
<input type="checkbox"/> F33.2	MDD, MRE Severe	<input type="checkbox"/> F60.3	Borderline Personality Disorder
<input type="checkbox"/> F33.3	MDD, MRE Severe, with psychotic	<input type="checkbox"/> F21	Schizotypal Personality Disorder

- 2. The impairment results in at least one of the following:**

- A clear, current threat to the Individual's ability to live in his/her customary setting, or the Individual is homeless, and would meet the criteria for a higher level of care if mobile treatment services were not provided. The individual is homeless.
- An emerging/impending risk to self or others.
- Inability to engage in traditional outpatient treatment.

- 3. Inability to form a therapeutic relationship on an ongoing basis as evidenced by at least one of the following:**

- Frequent use of emergency rooms for psychiatric reasons.
- Psychiatric hospitalizations
- Arrest for reasons associated with the Individual's mental illness.

## Referral Process

1. Within 10 working days of receiving a complete referral, the Assertive Community Treatment Team will arrange for staff to visit applicant to conduct a face to face screening assessment to determine needs, strengths, available resources, and willingness to participate in the Assertive Community Treatment Services offered.
2. Within 5 working days of the screening assessment, the individual and the referral source will be notified whether the Assertive Community Treatment Team:
  - a. Accepts the individual and will begin enrollment process
  - b. Will accept the individual, following an updated review of the individual's eligibility, when when program capacity permits.
  - c. Denies services due to ineligibility.
  - d. Will accept the individual, following an updated review of the individual's eligibility, after the individual's discharge or release from an inpatient facility or detention center.

## Release and Authorization

I, \_\_\_\_\_, authorize the release/exchange of all available information between the following agencies/individuals to support my application to HealthPort. If services are terminated or denied, I authorize the release of information pertaining to the denial or termination, including the reason for these actions, effective date, and, when appropriate, discharge plans.

**This Release/Authorization Form is effective for 90 days**

Emergency Contact: _____	Phone Number: _____
Address: _____	Relationship: _____
Mental Health Provider: _____	Phone Number: _____
Somatic Provider: _____	Phone Number: _____
Referring Agency: _____	Phone Number: _____
Referring Individual: _____	Phone Number: _____

**I understand that application for Assertive Community Treatment Services is being made on my behalf and agree to this referral for services.**

Signed: _____	Date: _____
Witness: _____	Date: _____

# Referral Form

Client Name: \_\_\_\_\_ Date of Referral: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security Number: \_\_\_\_\_

Sex:  Male  Female Gender Identity: \_\_\_\_\_ Currently Inpatient:  Yes  No

Current Living Arrangement: (If inpatient, living arrangement prior to hospitalization)

Lives Alone  Lives with family/friend  Homeless  RRP  Other \_\_\_\_\_

Address: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Marital Status:  Single  Married  Divorced  Separated  Widowed # Children \_\_\_\_\_

Ethnic Group:  African American  Hispanic  White Non-Hispanic  Asian/Pacific Island

American Indian/Alaska Native  Other \_\_\_\_\_

## Current Entitlement Information

Social Security Amount \_\_\_\_\_  PAA Amount \_\_\_\_\_

SSI Amount \_\_\_\_\_  VA Benefits Amount \_\_\_\_\_

SSDI Amount \_\_\_\_\_  Salary/Wages Amount \_\_\_\_\_

Other Income: Type: \_\_\_\_\_ Amount: \_\_\_\_\_

Medicaid ID Number \_\_\_\_\_  Medicare ID Number \_\_\_\_\_

## Current ICD 10 Diagnoses

Behavioral Diagnoses: \_\_\_\_\_

Primary Medical Diagnoses: \_\_\_\_\_

Social Elements Impacting Diagnosis:  Financial  Social Environment  Occupational  Legal

Primary Support Group  Housing  Homelessness  Access to Healthcare

Currently Medication Compliant:  Yes  No  With Reminders

Medications Currently Prescribed, if known, as well as who prescribed. You may attach a separate sheet:

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Currently Compliant with Outpatient Mental Health Appointments  Yes  No

Barriers to Outpatient Treatment \_\_\_\_\_

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**Presenting Problems: (Check all that apply and provide elaboration)**

- Visual or Hearing Impairment: Explain \_\_\_\_\_
- Physical Disability: Explain \_\_\_\_\_
- Chronic Health Problems/Somatic Issues \_\_\_\_\_
- Special Dietary Needs \_\_\_\_\_
- Drug or Alcohol Abuse Explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- Social/Interpersonal Conflicts, Including Marital and Family Problems \_\_\_\_\_  
\_\_\_\_\_
- Hallucinations/Delusions \_\_\_\_\_  
\_\_\_\_\_
- Depression/ Mood Disorder \_\_\_\_\_  
\_\_\_\_\_
- Suicide Threat/Attempts/Self Harm, Include date of most recent occurrence \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
- Homicidal Threat/Attempt \_\_\_\_\_  
\_\_\_\_\_
- Violent/Assaultive Behavior \_\_\_\_\_  
\_\_\_\_\_
- Other: Include specific detail \_\_\_\_\_  
\_\_\_\_\_

Access to Weapons:  Yes  No  Unknown      If yes, please list \_\_\_\_\_  
\_\_\_\_\_

**Level of Functioning:** Able to Read  Yes  No      Able to Write  Yes  No  
Highest grade completed, if known \_\_\_\_\_      Special Education  Yes  No

**Psychiatric Hospitalization History**      **Number of Hospitalizations (Lifetime)** \_\_\_\_\_

**3 Most Recent Hospitalizations**

Institution \_\_\_\_\_ Date \_\_\_\_\_  
Institution \_\_\_\_\_ Date \_\_\_\_\_  
Institution \_\_\_\_\_ Date \_\_\_\_\_

Reasons for hospitalizations \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Forensic Status**  No Forensic Status  Conditional Release  Parole/Probation  Not Criminally Responsible

**Conditions of Probation/Parole/ Pending Charges** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Probation/Parole Contact Information** \_\_\_\_\_

**Treatment History:** Has the individual been referred to or participated in any of the following? If yes, where and when?

Outpatient Addictions Treatment \_\_\_\_\_

Inpatient Addictions Treatment \_\_\_\_\_

Dual Diagnosis Treatment \_\_\_\_\_

Outpatient Mental Health Treatment \_\_\_\_\_

Psychiatric Rehabilitation Program, Including Residential Rehabilitation/Supervised Housing \_\_\_\_\_

Supported Employment \_\_\_\_\_

Targeted Case Management \_\_\_\_\_

### **Social History**

**Employment History:** Include all past jobs and reasons for leaving them, also include volunteer positions:

\_\_\_\_\_  
\_\_\_\_\_

**Family History** Include information about support system, family history of mental illness, siblings, family structure, and significant others as well as living situation \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Community** Include agency contacts, court involvement, church, social groups, support system

\_\_\_\_\_  
\_\_\_\_\_

**Reason for Referral:** Include risks to self and others, risk for hospitalization or incarceration, difficulty with outpatient treatment engagement, Emergency Room Use, Hospitalization History, all other helpful information

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